



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Demuth, Simone

Club: SWL-ENERGIE-TEAM  
Number: 2282

Course: 5.00 km  
5 km - Nordic Walking

Category:  
Frauen

Total time: 42:12

Speed: 7.11 km/h  
Running performance: 8:26 min/km

Rank in course/Total: 9 (of 33)  
Rank in course/Women: 7 (of 29)

Best time in course: 34:04

Rank in category: 7(of 29)  
Best time in the category: 34:04