



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Jahn, Leni colleen

Club: Bad langensalza
Number: 1268

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 40:03

Speed: 7.49 km/h
Running performance: 8:01 min/km

Rank in course/Total: 232 (of 238)

Rank in course/Women: 104 (of 108)

Best time in course: 21:46

Rank in category: 14(of 15)

Best time in the category: 22:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	37:52	8:19	14	16:33	106	28:38	4.55	37:52	8:19	14	16:33	106	28:38
Last lap Finish	0.45	2:11	4:51	7	0:39	51	0:39	5.00	40:03	8:00	14	17:08	104	18:17