



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Oppel, Hanna

Club: SWL-ENERGIE-TEAM
Number: 1119

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 40:01

Speed: 7.50 km/h
Running performance: 8:00 min/km

Rank in course/Total: 231 (of 238)
Rank in course/Women: 103 (of 108)
Best time in course: 21:46

Rank in category: 10(of 10)
Best time in the category: 22:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 4.55 | 37:52 | 8:19 | 10 | 17:19 | 106 | 28:38 | 4.55 | 37:52 | 8:19 | 10 | 17:19 | 106 | 28:38 |
| Last lap Finish | 0.45 | 2:09 | 4:46 | 9 | 0:33 | 48 | 0:37 | 5.00 | 40:01 | 8:00 | 10 | 17:49 | 103 | 18:15 |