



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Röder-Herrmann, Andrea

Club: Bad Langensalza

Number: 2259

Course: 5.00 km

5 km - Nordic Walking

Category:

Frauen

Total time: 42:50

Speed: 7.00 km/h

Running performance: 8:34 min/km

Rank in course/Total: 11 (of 33)

Rank in course/Women: 8 (of 29)

Best time in course: 34:04

Rank in category: 8(of 29)

Best time in the category: 34:04