



3Türmelauf  
Bad Langensalza / 14.04.2019

## Detailed evaluation

**Pollex, Jana**

Club: Stadt Bad Langensalza / Stadtläufer  
Number: 2274

Course: 5.00 km  
5 km - Nordic Walking

Category:  
Frauen

Total time: 44:24

Speed: 6.76 km/h  
Running performance: 8:53 min/km

Rank in course/Total: 18 (of 33)  
Rank in course/Women: 15 (of 29)

Best time in course: 34:04

Rank in category: 15(of 29)  
Best time in the category: 34:04