



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Thomas, Ronny

Club: SPD-Bad Langensalza
Number: 1196

Course: 5.00 km
5 km - Nordic Walking

Category:
Männer

Total time: 47:56

Speed: 6.26 km/h
Running performance: 9:35 min/km

Rank in course/Total: 22 (of 33)

Rank in course/Men: 4 (of 4)

Best time in course: 34:58

Rank in category: 4(of 4)

Best time in the category: 34:58