



## 3Türmelauf

Bad Langensalza / 14.04.2019

### Detailed evaluation

#### Matischok, Silke

Club: Stadt Bad Langensalza / Stadtläufer  
Number: 2273

Course: 5.00 km  
5 km - Nordic Walking

Category:

Frauen

Total time: 49:04

Speed: 6.11 km/h

Running performance: 9:49 min/km

Rank in course/Total: 24 (of 33)

Rank in course/Women: 20 (of 29)

Best time in course: 34:04

Rank in category: 20(of 29)

Best time in the category: 34:04