



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Schmidt, Mike

Club: SC Impuls Erfurt
Number: 48

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 50:26

Speed: 14.87 km/h
Running performance: 4:02 min/km

Rank in course/Total: 15 (of 211)

Rank in course/Men: 15 (of 156)

Best time in course: 41:01

Rank in category: 3(of 26)

Best time in the category: 43:54