



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Ernst, Beate

Club: Sonntagsläufer Tambach-Dietharz
Number: 138

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 52:50

Speed: 14.20 km/h
Running performance: 4:14 min/km

Rank in course/Total: 20 (of 211)

Rank in course/Women: 1 (of 55)

Best time in course: 52:50

Rank in category: 1(of 5)

Best time in the category: 52:50