



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Heym, Andreas

Club: EDEKA-Team ERFURT

Number: 80

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 54:12

Speed: 13.28 km/h

Running performance: 4:20 min/km

Rank in course/Total: 27 (of 211)

Rank in course/Men: 26 (of 156)

Best time in course: 41:01

Rank in category: 6(of 22)

Best time in the category: 45:21