



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Buerger, Thomas

Club: Hörselberg-Hainich

Number: 5

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 54:11

Speed: 13.84 km/h

Running performance: 4:20 min/km

Rank in course/Total: 26 (of 211)

Rank in course/Men: 25 (of 156)

Best time in course: 41:01

Rank in category: 4(of 26)

Best time in the category: 43:54