



## 3Türmelauf

Bad Langensalza / 14.04.2019

### Detailed evaluation

Langer, Anke

Club: FSV 1950 Gotha e.V.

Number: 86

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 54:55

Speed: 13.11 km/h

Running performance: 4:23 min/km

Rank in course/Total: 34 (of 211)

Rank in course/Women: 3 (of 55)

Best time in course: 52:50

Rank in category: 2(of 8)

Best time in the category: 54:47