



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich
Number: 158

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 55:28

Speed: 13.52 km/h
Running performance: 4:26 min/km

Rank in course/Total: 36 (of 211)

Rank in course/Men: 33 (of 156)

Best time in course: 41:01

Rank in category: 1(of 11)

Best time in the category: 55:28