



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Topf, Marcel

Club: Team Ultra Sports
Number: 155

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:58

Speed: 12.86 km/h
Running performance: 4:29 min/km

Rank in course/Total: 41 (of 211)

Rank in course/Men: 37 (of 156)

Best time in course: 41:01

Rank in category: 7(of 22)

Best time in the category: 45:21