



## 3Türmelauf

Bad Langensalza / 14.04.2019

### Detailed evaluation

**Krissak, Radko**

Club: Bad Langensalza

Number: 30

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 56:22

Speed: 12.77 km/h

Running performance: 4:31 min/km

Rank in course/Total: 43 (of 211)

Rank in course/Men: 39 (of 156)

Best time in course: 41:01

Rank in category: 6(of 18)

Best time in the category: 41:01