



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Bauer, Jörg

Club: FSV Gotha
Number: 2

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 56:58

Speed: 12.64 km/h
Running performance: 4:34 min/km

Rank in course/Total: 45 (of 211)

Rank in course/Men: 41 (of 156)

Best time in course: 41:01

Rank in category: 1(of 13)

Best time in the category: 56:58