



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Schuchardt, Christian

Club: Lauffreife Friedrichroda  
Number: 115

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 57:22

Speed: 13.07 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 48 (of 211)

Rank in course/Men: 44 (of 156)

Best time in course: 41:01

Rank in category: 7(of 17)

Best time in the category: 44:21