



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Hesse, Anna-Maria

Club: Sonntagsläufer Tambach-Dietharz  
Number: 219

Course: 12.50 km  
12,5 km -Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 57:30

Speed: 13.04 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 50 (of 211)

Rank in course/Women: 5 (of 55)

Best time in course: 52:50

Rank in category: 2(of 8)

Best time in the category: 55:46