



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Gary, Christian

Club: Bad Langensalza

Number: 14

Course: 12.50 km

12,5 km -Lauf

Category:

Männer (20-29 Jahre)

Total time: 59:03

Speed: 12.70 km/h

Running performance: 4:43 min/km

Rank in course/Total: 62 (of 211)

Rank in course/Men: 56 (of 156)

Best time in course: 41:01

Rank in category: 8(of 14)

Best time in the category: 47:16