



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Schmidt, Mike

Club: Tonna
Number: 102

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:00:47

Speed: 11.85 km/h
Running performance: 4:52 min/km

Rank in course/Total: 75 (of 211)

Rank in course/Men: 69 (of 156)

Best time in course: 41:01

Rank in category: 12(of 26)

Best time in the category: 43:54