



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Richter, Sabine

Club: bad tennstedt

Number: 43

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:57

Speed: 11.81 km/h

Running performance: 4:53 min/km

Rank in course/Total: 78 (of 211)

Rank in course/Women: 9 (of 55)

Best time in course: 52:50

Rank in category: 2(of 7)

Best time in the category: 58:30