



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Lugauer, Dietmar

Club: FSV 1950 Gotha e.V.

Number: 90

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:01:44

Speed: 12.15 km/h

Running performance: 4:56 min/km

Rank in course/Total: 86 (of 211)

Rank in course/Men: 76 (of 156)

Best time in course: 41:01

Rank in category: 5(of 13)

Best time in the category: 56:58