



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Krauß, Raimund

Club: LV Einheit Greitz

Number: 197

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M75 (74 bis 79)

Total time: 1:02:17

Speed: 11.56 km/h

Running performance: 4:59 min/km

Rank in course/Total: 90 (of 211)

Rank in course/Men: 78 (of 156)

Best time in course: 41:01

Rank in category: 1(of 2)

Best time in the category: 1:02:17