



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Zimmermann, Frank

Club: Bad Langensalza
Number: 66

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:42

Speed: 11.48 km/h
Running performance: 5:01 min/km

Rank in course/Total: 96 (of 211)

Rank in course/Men: 84 (of 156)

Best time in course: 41:01

Rank in category: 16(of 26)

Best time in the category: 43:54