



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Reisser, Mario

Club: fat fighters

Number: 183

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:04:28

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 116 (of 211)

Rank in course/Men: 99 (of 156)

Best time in course: 41:01

Rank in category: 18(of 26)

Best time in the category: 43:54