



3Türmelauf  
Bad Langensalza / 14.04.2019

## Detailed evaluation

Schönemann, Jörg

Club: Großfahner  
Number: 49

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:04:37

Speed: 11.14 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 118 (of 211)

Rank in course/Men: 101 (of 156)

Best time in course: 41:01

Rank in category: 3(of 11)

Best time in the category: 55:28