



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Bomberg, Dirk

Club: SC Impuls Erfurt
Number: 129

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:04:50

Speed: 11.57 km/h
Running performance: 5:11 min/km

Rank in course/Total: 120 (of 211)

Rank in course/Men: 102 (of 156)

Best time in course: 41:01

Rank in category: 4(of 11)

Best time in the category: 55:28