



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Winterberg, Martin

Club: TTV TWB

Number: 180

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:05:04

Speed: 11.53 km/h

Running performance: 5:13 min/km

Rank in course/Total: 125 (of 211)

Rank in course/Men: 105 (of 156)

Best time in course: 41:01

Rank in category: 6(of 11)

Best time in the category: 55:28