



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Brandenburger, Denis

Club: PROVENTUS

Number: 126

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:05:17

Speed: 11.03 km/h

Running performance: 5:13 min/km

Rank in course/Total: 130 (of 211)

Rank in course/Men: 109 (of 156)

Best time in course: 41:01

Rank in category: 12(of 17)

Best time in the category: 44:21