



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Richter, Stefanie

Club: Salza-Gymnasium

Number: 175

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:06:57

Speed: 10.75 km/h

Running performance: 5:22 min/km

Rank in course/Total: 140 (of 211)

Rank in course/Women: 25 (of 55)

Best time in course: 52:50

Rank in category: 4(of 8)

Best time in the category: 1:03:08