



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Pfannstiel, Anke

Club: Bad Langensalza

Number: 201

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:07:27

Speed: 11.12 km/h

Running performance: 5:24 min/km

Rank in course/Total: 144 (of 211)

Rank in course/Women: 26 (of 55)

Best time in course: 52:50

Rank in category: 5(of 8)

Best time in the category: 54:47