



## 3Türmelauf

Bad Langensalza / 14.04.2019

### Detailed evaluation

**Schlüter, Thomas**

Club: Bad Langensalza

Number: 47

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:08:11

Speed: 11.00 km/h

Running performance: 5:27 min/km

Rank in course/Total: 152 (of 211)

Rank in course/Men: 123 (of 156)

Best time in course: 41:01

Rank in category: 11(of 13)

Best time in the category: 56:58