



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Hennig, Bernhard

Club: Eisenach
Number: 22

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:10:24

Speed: 10.23 km/h
Running performance: 5:38 min/km

Rank in course/Total: 163 (of 211)

Rank in course/Men: 130 (of 156)

Best time in course: 41:01

Rank in category: 2(of 4)

Best time in the category: 1:02:31