



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Textor, Ines

Club: Bad Langensalza

Number: 57

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:10:18

Speed: 10.24 km/h

Running performance: 5:37 min/km

Rank in course/Total: 162 (of 211)

Rank in course/Women: 33 (of 55)

Best time in course: 52:50

Rank in category: 5(of 8)

Best time in the category: 1:00:48