



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Billhardt, Frank

Club: Team Fahrschule Warschun

Number: 152

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:11:00

Speed: 10.56 km/h

Running performance: 5:41 min/km

Rank in course/Total: 167 (of 211)

Rank in course/Men: 133 (of 156)

Best time in course: 41:01

Rank in category: 23(of 26)

Best time in the category: 43:54