



3Türmelauf  
Bad Langensalza / 14.04.2019

## Detailed evaluation

Schulze, Ronald

Club: Bad Langensalza  
Number: 51

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:11:27

Speed: 10.50 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 170 (of 211)

Rank in course/Men: 136 (of 156)

Best time in course: 41:01

Rank in category: 13(of 13)

Best time in the category: 56:58