



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Müller, Thoralf

Club: Sagasser Core - Thoralf Läufer

Number: 226

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:11:52

Speed: 10.02 km/h

Running performance: 5:45 min/km

Rank in course/Total: 173 (of 211)

Rank in course/Men: 138 (of 156)

Best time in course: 41:01

Rank in category: 13(of 15)

Best time in the category: 48:32