



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Zirpel, Karin

Club: Bad Langensalza
Number: 189

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:12:47

Speed: 10.30 km/h
Running performance: 5:49 min/km

Rank in course/Total: 175 (of 211)

Rank in course/Women: 37 (of 55)

Best time in course: 52:50

Rank in category: 6(of 7)

Best time in the category: 58:30