



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Merbach-Langosch, Sarah

Club: Laufftreff Friedrichroda

Number: 114

Course: 12.50 km

12,5 km -Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:14:10

Speed: 9.71 km/h

Running performance: 5:56 min/km

Rank in course/Total: 182 (of 211)

Rank in course/Women: 41 (of 55)

Best time in course: 52:50

Rank in category: 5(of 8)

Best time in the category: 55:46