



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Janneck, Olaf

Club: GOTHA

Number: 23

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:17:57

Speed: 9.24 km/h

Running performance: 6:14 min/km

Rank in course/Total: 193 (of 211)

Rank in course/Men: 146 (of 156)

Best time in course: 41:01

Rank in category: 15(of 15)

Best time in the category: 48:32