



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Junk, Ramona

Club: Remstädt
Number: 203

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:19:17

Speed: 9.08 km/h
Running performance: 6:20 min/km

Rank in course/Total: 198 (of 211)

Rank in course/Women: 50 (of 55)

Best time in course: 52:50

Rank in category: 8(of 8)

Best time in the category: 1:00:48