



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Pohl, Tizian

Club: Laufgruppe Treffurt
Number: 112

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:24:21

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 205 (of 211)

Rank in course/Men: 152 (of 156)

Best time in course: 41:01

Rank in category: 14(of 14)

Best time in the category: 47:16