



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Hain, Christoph

Club: Gotha
Number: 205

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:26:42

Speed: 8.30 km/h
Running performance: 6:56 min/km

Rank in course/Total: 207 (of 211)

Rank in course/Men: 154 (of 156)

Best time in course: 41:01

Rank in category: 11(of 11)

Best time in the category: 55:28