



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Rexhäuser, Ron

Club: Maikro

Number: 118

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:29:02

Speed: 8.42 km/h

Running performance: 7:07 min/km

Rank in course/Total: 210 (of 211)

Rank in course/Men: 155 (of 156)

Best time in course: 41:01

Rank in category: 16(of 17)

Best time in the category: 44:21