



2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

Detailed evaluation

Grimm, Heiko

Club: LG Mauerweg Berlin e.V.
Number: 26

Course: 100.00 km
Ultra-Marathon

Category:
Senioren M35 (35-39 Jahre)

Rank in course/Total: DNF (of 92)

Rank in course/Men: DNF (of 69)

Best time in course: 8:30:22

Rank in category: DNF(of 5)

Best time in the category: 9:39:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	59:00	5:43	1	-	9	3:35	10.30	59:00	5:43	1	-	9	3:35
Amelinghausen	13.80	1:17:22	5:36	2	1:12	19	16:06	24.10	2:16:22	5:39	1	-	16	12:56
Schwindebeck	9.40	52:49	5:37	2	1:43	12	9:44	33.50	3:09:11	5:38	2	1:36	14	17:46
Bispingen	8.90	54:47	6:09	2	7:05	21	13:54	42.40	4:03:58	5:45	2	8:41	14	31:07
Overhaverbeck	10.80	2:04:26	11:31	5	1:02:11	66	1:14:17	53.20	6:08:24	6:55	3	1:10:52	44	1:45:24
Undeloh	6.90	1:02:20	9:02	3	19:53	55	29:02	60.10	7:10:44	7:10	3	1:30:45	42	2:14:26
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-