



## 2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

### Detailed evaluation

#### Dehling, Sascha

Club: LG Mauerweg Berlin e.V.

Number: 14

Course: 100.00 km

Ultra-Marathon

Category:

Senioren M40 (40-44 Jahre)

Rank in course/Total: DNF (of 92)

Rank in course/Men: DNF (of 69)

Best time in course: 8:30:22

Rank in category: DNF(of 3)

Best time in the category: 10:42:36

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	1:06:32	6:27	3	7:10	47	11:07	10.30	1:06:32	6:27	3	7:10	47	11:07
Amelinghausen	13.80	1:03:09	4:34	2	0:47	3	1:53	24.10	2:09:41	5:22	2	0:48	4	6:15
Schwindebeck	9.40	43:55	4:40	2	0:50	3	0:50	33.50	2:53:36	5:10	2	1:38	4	2:11
Bispingen	8.90	43:53	4:55	2	3:00	2	3:00	42.40	3:37:29	5:07	2	4:38	2	4:38
Overhaverbeck	10.80	1:36:13	8:54	3	46:04	57	46:04	53.20	5:13:42	5:53	2	50:42	14	50:42
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-