



2. Lüneburger Heidelauf Lüneburg / 15.06.2019

Detailed evaluation

Zietlow, Hans-Uwe

Club: SiebzigPlus

Number: 119

Course: 100.00 km

Ultra-Marathon

Category:

Senioren M70 (70-74 Jahre)

Rank in course/Total: DNF (of 92)

Rank in course/Men: DNF (of 69)

Best time in course: 8:30:22

Rank in category: DNF(of 1)

Best time in the category: -

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	fehlt!	-	-	-	-	-	10.30	-	-	-	-	-	-
Amelinghausen	13.80	3:12:57	13:58	1	-	63	2:11:41	24.10	3:12:57	8:00	1	-	60	1:09:31
Schwindebeck	9.40	1:27:55	9:21	1	-	62	44:50	33.50	4:40:52	8:23	1	-	66	1:49:27
Bispingen	8.90	fehlt!	-	-	-	-	-	42.40	-	-	-	-	-	-
Overhaverbeck	10.80	fehlt!	-	-	-	-	-	53.20	-	-	-	-	-	-
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-