



2. Lüneburger Heidelauf
Lüneburg / 15.06.2019

Detailed evaluation

Bergedorfer

Total time: 12:11:04

Number: 201

Speed: 8.21 km/h

Running performance: 7:19 min/km

Course: 100.00 km

Ultra-Marathon 2er-Staffel

Rank in course: 11 (of 15)

Best time in course: 8:59:34

Category:

Rank in category: 11(of 15)

2er Staffel

Best time in the category: 8:59:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Overhaverbeck	53.20	6:47:59	7:40	14	1:47:48	14	1:47:48	53.20	6:47:59	7:40	14	1:47:48	14	1:47:48
Sülzwiesen	46.80	5:23:05	6:54	9	1:26:39	9	1:26:39	100.00	12:11:04	7:18	11	3:11:30	11	3:11:30