



2. Lüneburger Heidelauf
Lüneburg / 15.06.2019

Detailed evaluation

Frauenpower

Total time: 10:55:36

Number: 207

Speed: 9.15 km/h

Running performance: 6:34 min/km

Course: 100.00 km

Ultra-Marathon 2er-Staffel

Rank in course: 7 (of 15)

Best time in course: 8:59:34

Category:

Rank in category: 7(of 15)

2er Staffel

Best time in the category: 8:59:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Overhaverbeck	53.20	5:55:50	6:41	9	55:39	9	55:39	53.20	5:55:50	6:41	9	55:39	9	55:39
Sülzwiesen	46.80	4:59:46	6:24	4	1:03:20	4	1:03:20	100.00	10:55:36	6:33	7	1:56:02	7	1:56:02