



7. Erfurter Waldlauf und 19. Thüringer Frauenlauf
Erfurt, Steigerwald / 02.06.2019

Detailed evaluation

Nehrig, Anja

Club: Eisenach

Number: 76

Course: 10.00 km

Walking

Category:

Damen

Total time: 1:20:43

Speed: 7.43 km/h

Running performance: 8:04 min/km

Rank in course/Total: 3 (of 6)

Rank in course/Women: 2 (of 4)

Best time in course: 1:20:02

Rank in category: 2(of 4)

Best time in the category: 1:20:02